



SOS CARE KIT

## Daily Living

What can your child do independently? Describe any special ways you do things: bathing, dressing, etc. What is their regular routine? For example: Getting up, dressed, breakfast, medication, activities, lunch, dinner, bed, tasks, expectations, skills, successful approaches, daily/weekly schedule. What are sleep/rest routines? Comfort object?

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### Typical Daily Schedule

*Example: Morning: Tyler gets up at 7:30 am, takes medication and eats oatmeal with bananas and orange juice for breakfast. Tyler puts his breakfast dish in the sink and rinses it. He is already dressed because he sleeps in his clothes. Mom walks him to the bus at 8:15 am.*

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