



SOS CARE KIT

Health/Nutrition

List Doctor's phone number and specialty. Document any allergies the child has and reactions the child has from certain foods. Are there any special meal or family routines you use? How does the child eat? List medication needs and how child takes it.

Nutrition

Example: Jenny still eats with her mouth open because she is afraid she will suffocate if she closes it. Because of this food may go all over the table. She has very poor motor control and so easily spills milk. She reacts to corn syrup and gets migraine headaches about 15 minutes after eating something with this.
